

As thy days, [so shall] thy strength [be].

Deuteronomy 33:25b

According to your days, take your strength:

1. In the days of delight--your strength--Psalm 16:11, Psalm 34:8, Psalm 37:4, John 16:24
2. In the days of duty--your strength--Joshua 1:9, 1 Corinthians 15:58, Galatians 6:9
3. In the days of disaster--your strength--Psalm 46:1, Psalm 56:3, 2 Timothy 1:7
4. In the days of despair--your strength--Psalm 42:5, Proverb 13:12, Isaiah 26:3 & 4, Romans 15:13
5. In the days of disease--your strength--Exodus 15:26, Psalm 103:3, 2 Corinthians 12:9
6. In the days of difficulty--your strength--Psalm 34:19, 1 Corinthians 10:13, 1 Peter 4:12 & 13
7. In the days of defeat--your strength—Psalm 103:12 & 13, Romans 8:37, 2 Corinthians 2:14
8. In the days of death--your strength--Psalm 23:4, 2 Corinthians 5:8, 1 Thessalonians 4:13

The day is often in scripture put for **the events** of the day; and, taking it so here, it is a promise that God would graciously support them under their trials and troubles, whatever they were. And so it is a promise sure to all the spiritual seed of Abraham that God will **wisely proportion** their graces and comforts to the services and sufferings he calls them out to. Have they work appointed them? They shall have strength to do it. Have they burdens appointed them? They shall have strength to bear them; and never be *tempted above that they are able*. Faithful is he that has thus promised, and hath caused us to hope in this promise. *Matthew Henry*

Yes, Christian! be assured, grace and strength will be imparted when you need them, as certainly as they will be **withheld before** you need them. He who guides you, knows your necessities, and, in the day of trouble, will not leave you comfortless. Journey on, then, **with firmness**--relying on the promise of Him who is faithful and true!--your day is coming--you will, before long, enter into your final rest, and repose from all your labors--you will take possession of the promised inheritance, and will then acknowledge with a grateful heart, "As my days, so my strength has been." **Let this be your daily cry--**

"O Lord, increase my strength, and give me grace, to use it daily for the promotion of Your glory, and for the healthy development of my own soul, that, in Your good time, I may be prepared for another and a better world."